

Town of Tonawanda Titans

Long Course Records Updated

August 2025

GIRLS (8& Under)

35.49	Aug-98	Natalie Lewis	50 Freestyle	Jonathan Gellin	1989	40.18
1:22.81	May-98	Natalie Lewis	100 Freestyle	Owen Matteson	Jun-11	1:27.55
3:00.47	Jul-07	Allison Kopas	200 Freestyle	Michael Wiese	Jul-92	3:10.92
6:17.56	Ju-07	Allison Kopas	400 Freestyle	Brady Garcia	Jun-16	6:54.77
43.53	Jul-07	Allison Kopas	50 Backstroke	Michael Wiese	Aug-92	46.11
1:32.37	Jul-07	Allison Kopas	100 Backstroke	Owen Matteson	Jun-11	1:38.19
50.37	Jul-07	Allison Kopas	50 Breaststroke	Matthew Gellin	Aug-93	53.06
1:52.19	Jul-00	Caroline Lewis	100 Breaststroke	Michael Wiese	Jul-92	1:54.12
38.88	Jul-07	Allison Kopas	50 Butterfly	Michael Wiese	Aug-92	45.37
1:45.71	Aug-01	Alli Gielowski	100 Butterfly	Michael Wiese	Jul-92	1:48.66
3:20.78	Jun-07	Allison Kopas	200 Individual Medley	Michael Wiese	Aug-92	3:27.07
3:04.08	Jun-99	K. Powalski, C. Lewis, A. Gielowski, J. Kokolus	200 Free Relay	B. Bigham, J. Westner, O. Matteson, C. Matteson	Jul-09	3:34.81
7:30.22	Jun-98	S. Sullivan, J. Gielowski, J. Kokolus, K. Powalski	400 Free Relay			
3:42.75	Jun-99	S. Sullivan, J. Kokolus, K. Powalski, E. Kwapiszeski	200 Medley Relay			
8:36.04	Jun-98	J. Gielowski, J. Kokolus, M. Werner, N. Lewis	400 Medley Relay			

BOYS (8& Under)

GIRLS (9-10)

31.94	Jul-00	Natalie Lewis	50 Freestyle	Matthew Marsh	Aug-08	31.54
1:11.14	Aug -08	Megan Marsh	100 Freestyle	Matthew Marsh	Aug-08	1:09.99
2:32.31	Jul-09	Allison Kopas	200 Freestyle	Jonathan Gellin	1991	2:33.79
5:13.09	Jul-09	Allison Kopas	400 Freestyle	Nick Herzog	May-09	5:27.03
11:19.43	May-09	Allison Kopas	800 Freestyle	Nick Herzog	May-09	11:05.00
36.34	July-09	Allison Kopas	50 Backstroke	Jonathan Gellin	1991	37.69
1:21.09	May-09	Allison Kopas	100 Backstroke	Jonathan Gellin	1991	1:22.89
2:54.97	Jul-07	Emily Kopas	200 Backstroke	Nick Herzog	June-09	2:55.43
39.15	Jun-07	Emily Kopas	50 Breaststroke	Matthew Marsh	Aug-08	43.16
1:26.57	Jul-07	Emily Kopas	100 Breaststroke	Matthew Marsh	Aug-08	1:35.00
3:05.85	Jul-07	Emily Kopas	200 Breaststroke	Brady Garcia	Jun-18	3:58.73
34.40	July-09	Allison Kopas	50 Butterfly	Michael Wiese	May-94	37.78
1:19.69	July-09	Allison Kopas	100 Butterfly	Jonathan Gellin	1991	1:24.29
3:06.32	Jun-08	Lauren Phillips	200 Butterfly	Brady Garcia	Jul-18	3:35.27
2:48.71	July-09	Allison Kopas	200 Individual Medley	Chris O'Neill	Jul-94	2:56.58
6:11.98	Jun-07	Emily Kopas	400 Individual Medley	Nick Herzog	June-09	6:20.52
2:19.43	May-00	M. Werner, E. Naylor, J. Kokolus, N. Lewis	200 Free Relay	J. Sagasta, C. McQueen, M Marsh, M Marsh	July 08	2:22.59
5:22.56	Jul-00	M. Werner, J. Gielowski, J. Kokolus, N. Lewis	400 Free Relay	C. Anderson, E. Snyder, A. Hagner, N. Braniecki	Aug-97	5:38.70
2:43.18	May-07	J. Rice, E. Kopas, K. Battaglia, M. Jacumski	200 Medley Relay	M Marsh, J. Villari, C. McQueen, M Marsh	July 08	2:42.72

BOYS (9-10)

6:15.18	Jun-03	A. Gielowski, S. Boyer, M. Dressel, E. Rogers	400 Medley Relay	J. Kwapiszeski, D. Donnarumma B. McCarthy, A. Hogenkamp	Jun-99	6:30.19
<u>GIRLS (11-12)</u>				<u>BOYS (11-12)</u>		
28.86	Jul-02	Natalie Lewis	50 Freestyle	Declan McLaughlin	July-08	28.08
1:03.08	May-11	Makayla Sargent	100 Freestyle	Declan McLaughlin	July-08	1:03.35
2:17.40	June-05	Marissa Dressel	200 Freestyle	Joe Martin	Jul-07	2:19.28
4:49.65	Jun-11	Makayla Sargent	400 Freestyle	Joe Martin	Jul-07	4:51.76
9:55.65	Jun-11	Makayla Sargent	800 Freestyle	Dylan Telford	June-07	10:15.83
19:55.78	May-10	Lauren Phillips	1500 Freestyle	Sam Sawyer	May-10	22:17.98
33.12	Aug-09	Meaghan Shannon	50 Backstroke	Declan McLaughlin	May-08	33.74
1:13.23	Jul-09	Meaghan Shannon	100 Backstroke	Declan McLaughlin	May-08	1:13.79
2:34.96	July-09	Meaghan Shannon	200 Backstroke	Declan McLaughlin	Jun 08	2:38.15
35.70	Aug-10	Megan Marsh	50 Breaststroke	Declan McLaughlin	May-08	35.86
1:17.99	Jul-09	Emily Kopas	100 Breaststroke	Declan McLaughlin	Jun-08	1:15.92
2:44.80	July-09	Emily Kopas	200 Breaststroke	Declan McLaughlin	July-08	2:46.03
29.90	Aug-17	Lauren Levy	50 Butterfly	Andre Charlier	Jul-22	31.28
1:09.49	Aug-17	Lauren Levy	100 Butterfly	Andre Charlier	Jul-22	1:10.17
2:35.89	Jun-05	Marissa Dressel	200 Butterfly	Chase McQueen	Aug-10	2:49.42
2:32.23	Jun-11	Makayla Sargent	200 Individual Medley	Declan McLaughlin	Jun-08	2:33.59
5:25.40	Jun-11	Makayla Sargent	400 Individual Medley	Joe Martin	June-07	5:48.81
2:02.38	Jul-08	H.Graesser, R Anthone, A Epstein, A.Voll	200 Free Relay	J. Martin, C MacDonald, D Telford, P. McCarthy	June-07	2:05.62
4:31.75	Jul-08	H.Graesser, R Anthone, A Epstein, E. Kopas	400 Free Relay	J. Martin, C MacDonald, D Telford, P. McCarthy	June-07	4:36.56
2:16.88	May-10	M. Jacumski, M. Marsh, L. Phillips, M. Sargent	200 Medley Relay	N. Herzog, M Marsh, C. McQueen, J. Sagasta	Aug-10	2:23.59
5:12.26	Aug-10	J. Sagasta, M.Marsh, M. Sargent, S. Matteson	400 Medley Relay	N. Herzog, M Marsh, C. McQueen, J. Sagasta	Aug-10	5:17.79
<u>GIRLS (13-14)</u>				<u>BOYS (13-14)</u>		
27.51	Aug-10	Hannah Graesser	50 Freestyle	Andrew Marsh	Jun-09	25.50
59.79	June-07	Marissa Dressel	100 Freestyle	Andrew Marsh	Jul-09	56.47
2:08.85	June-07	Marissa Dressel	200 Freestyle	Joe Martin	Jul-09	2:05.08
4:24.57	Jul-07	Marissa Dressel	400 Freestyle	Steve Smith	Aug-95	4:26.57
9:19.86	June-07	Marissa Dressel	800 Freestyle	Steve Smith	Aug-95	9:12.26
18:56.56	Aug-19	Maya Marcyan	1500 Freestyle	Steve Smith	Aug-95	17:28.74
33.73	Jun-19	Gillian Boal	50 Backstroke	Jacob Hofinar-Glennon	July-08	30.79
1:09.18	Jul-19	Maya Marcyan	100 Backstroke	Andrew Marsh	May-09	1:05.80
2:30.14	Jul-11	Madeline Jacumski	200 Backstroke	Joe Martin	Jul-09	2:21.94
35.55	Jun-07	Victoria Jacumski	50 Breaststroke	Joe Martin	Jun-09	35.01
1:16.81	Aug-09	Emily Kopas	100 Breaststroke	Declan McLaughlin	Jul-09	1:11.37
2:43.71	Aug-09	Emily Kopas	200 Breaststroke	Declan McLaughlin	Aug-09	2:33.30
30.87	Jul-10	Aleza Epstein	50 Butterfly	Andre Charlier	Aug-24	29.65
1:05.60	Jul-19	Lauren Levy	100 Butterfly	Andre Charlier	Aug-24	1:03.16
2:22.87	Jul-07	Marissa Dressel	200 Butterfly	Steve Smith	Aug-95	2:24.25
2:25.92	Jul-07	Marissa Dressel	200 Individual Medley	Joe Martin	Aug-09	2:20.61

5:10.81	June-07	Marissa Dressel	400 Individual Medley	Steve Smith	Aug-95	5:04.15
1:55.17	Jul-03	M. Werner, J. Gielowski, H. White, N. Lewis	200 Free Relay	N. Shea, D. McLaughlin, J Hofmar Glennon, Joe Martin	July-08	1:51.59
4:10.32	Aug-10	A. Epstein, H Graesser. R Anthone. L. Phillips	400 Free Relay	A. Marsh, D. McLaughlin, D. Telford, J. Martin	May-09	4:04.83
9:26.54	Jul-18	M. Marcyan, N. Fritch, L. Levy, A Gioia	800 Free Relay	S. Sawyer, R. McLaughlin, E. Graesser, J. Sagasta	Jul- 12	9:23.00
2:09.78	Jun-18	M. Marcyan, M. Flash, L. Levy, A. Gioia	200 Medley Relay	J Hofmar Glennon, D. McLaughlin, , Joe Martin, Kevin Fan	July-08	2:04.55
4:44.88	Jun-09	A. Epstein, J. Sagasta. H. Rice. L. Sagasta	400 Medley Relay	A. Marsh, D. McLaughlin, M. Hilton, J. Martin	May-09	4:34.23

GIRLS (Senior)

BOYS (Senior)

26.15	July-13	Dina Rommel	50 Freestyle	Andrew Marsh	June-15	23.42
57.80	Aug-14	Dina Rommel	100 Freestyle	Andrew Marsh	June-15	51.10
2:05.30	Aug-08	Marissa Dressel	200 Freestyle	Andrew Marsh	July -15	1:52.01
4:23.83	Aug-08	Marissa Dressel	400 Freestyle	Shawn Parkhurst	May 14	4:09.58
9:03.86	May-10	Marissa Dressel	800 Freestyle	Alec Pokornowski	Aug-11	8:37.40
17:44.28	Aug-11	Tracy Vogel	1500 Freestyle	Shawn Parkhurst	Aug-11	16:23.88
31.34	Mar-16	Alexis Fredricks	50 Backstroke	Andrew Marsh	Jul-15	27.50
1:05.84	Aug-17	Alexis Fredricks	100 Backstroke	Andrew Marsh	June -15	56.84
2:22.64	Aug-17	Alexis Fredricks	200 Backstroke	Eric Stimson	Jul-03	2:10.20
33.20	Aug-25	Meredith Roberts	50 Breaststroke	Atticus Hlublin	Aug-25	30.30
1:12.77	Aug-25	Meredith Roberts	100 Breaststroke	Luke Kenndey	July 18	1:05.47
2:41.96	Aug-25	Meredith Roberts	200 Breaststroke	Atticus Hlublin	July 25	2:26.35
29.12	Jun-22	Lauren Levy	50 Butterfly	Kevin Schuster	Jul-07	26.58
1:02.76	Aug-17	Dina Rommel	100 Butterfly	Andrew Marsh	June 15	54.60
2:21.62	Jul-07	Marissa Dressel	200 Butterfly	Shawn Parkhurst	May-12	2:05.10
2:22.03	Aug-10	Marissa Dressel	200 Individual Medley	Alec Pokornowski	Aug-13	2:12.66
4:59.12	Jul-07	Marissa Dressel	400 Individual Medley	Alec Pokornowski	Aug-11	4:46.61
1:48.65	July 17	G. Boal, M.Marsh, D. Rommel, R Anthone	200 Free Relay	M. Marsh, D. Dirrigl, K. Griffin, A. Collins	Aug-16	1:37.21
3:56.27	July-13	D. Rommel, R. Anthone, L. Sagasta, H. Graesser	400 Free Relay	C. Rommel, S. Parkhurst, M. Marsh, A. Marsh	Aug 14	3:32.80
8:39.73	Aug-10	M. Dressel, M. Oakey, L. Sagasta, A. Gielowski	800 Free Relay	A. Marsh, A. Pokornowski, D. Dirrigl, S. Parkhurst	Aug-14	7:54.80
2:03.55	Mar-16	A. Fredricks, M. Marsh, C. Kottakis, A. Kottakis	200 Medley Relay	A. Marsh, L Kennedy, D. Dirrgl, K. Griffin	July-15	1:48..38
4:23.82	July 17	A. Fredricks, M.Marsh, D. Rommel, RAnthone	400 Medley Relay	G. Staebell, M. Marsh, D. Dirrigl, K. Griffin	Aug-16	3:58.80