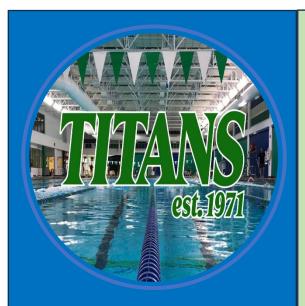
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Titans Practice Pass/AFC Membership

- Reminder all Titans Swimmers must have an active Titans Practice pass or AFC Membership prior to attending any practices or events.
- Refer to the Titans Handbook for more information.

Family Participation Policy

All Family Participation Requirements must be fulfilled during a Tonawanda Titans Swim Club hosted meet within the current season.

- TTSC is scheduled to host five (5) meets in the 2023/2024 season.
- There are a minimum of fifteen (15) separate sessions that make up these meets.
- Each session equals one volunteer hour.
- The actual time commitment for each session ranges from approximately 3-5 hours.
- No prior experience or training is required to volunteer for most positions at a meet.
- Families do not need to have a swimmer participating in a meet or a specific session, for someone to volunteer.
- Multiple family members can volunteer within session limits (as applicable).
- The minimum age of a volunteer to fulfill an obligation is 15 years old.



TITANS APPAREL STORE

Access to the store can be found under the Titans Merch section on our website OR through the following link: 2023 Titan Fall Apparel



ORDER DEADLINE is OCTOBER 19th

(Late orders will NOT be accepted. No exceptions)
All items will be available for pick-up at the Aquatic Fitness Center
Approximately 3 weeks AFTER the store closes.
We will send an email with additional information.

Please Note

This will be our ONLY general apparel order for 2023 so make sure to get your Christmas and holiday orders in now. Our next available order will not be until late Spring 2024.

If you have any questions, please email our Apparel Team

<u>tonawandatitansapparel@gmail.com</u>



UPDATE/INFORMATION

Each Swimmer was given a half piece of paper specific to them. Parents are encouraged to follow the steps below:

- 1. Parents are encouraged to visit the website (<u>stackshotsudios.gotphoto.com</u>) and enter their Swimmers "Personal Access Code."
- 2. Reminder each swimmer will have their own Access Code Even Siblings will have their own.
 - You Will have the opportunity to enter multiple Access Codes
- 3. You will be asked to enter you name and Email to "Activate My Reminders."
- 4. Once the photos are ready for viewing, you will receive an email.
- 5. You will only see photos of your swimmer(s), their group Level Picture and the Full Team Picture.
- 6. Orders that are placed within the First 10 days will be printed in a large batch and shipped for Free.
 - The large batch order will be shipped to the Titans, and we will make arrangements w/Coaches to hand the photos out.
- 7. After the First 10 days, you will still have the opportunity to order any photos.
 - Those photos will be printed and shipped directly to you and will include shipping charges.
 - ** There is no requirement to purchase any photos. **

HAPFY BIETHDAY

10/1 - Sofia B.

10/1 - Lucia S.

10/2 - Brigid C.

10/4 - Campbell M.

10/5 - Ihita G.

10/11 - Nicholas L.

10/12 - Lila R.

OCTOBER

10/14 - Paul D.

10/14 - Maximus M.

10/14 - Jayce S.

10/15 - Connor H.

10/16 - Lannen P.

10/17 - Pendleton W.

10/18 - Violet D.

HAPFY BIETHDAY

10/20 - Madeline S.

10/21 - Michael K.

10/25 - Franklin M.

10/27 - Brie L.

10/30 - Samantha S.

10/31 - Jacqueline Д.

10/31 - Ellie H.



LIMITED T-SHIRTS WILL BE AVAILABLE DURING THE MEET

\$20

PRE-ORDERS WILL BE
AVAILABLE FOR PICK-UP @
AFC THE WEEK OF THE
HALLOWEEN MEET



IMPORTANT:

IN ADDITION TO
VOLUNTEERING, FAMILIES
FROM ALL LEVELS ARE ASKED
TO ASSIST IN PREPARATIONS
FOR TTSC HOSTED MEETS BY
CONTRIBUTING A PER FAMILY
DOLLAR AMOUNT TO HELP US
REDUCE THE OPERATIONAL

THE DONATION NEEDED FOR THIS MEET EQUATES TO \$8 FOR EACH FAMILY

COSTS OF OUR TEAM MEETS.

THIS AMOUNT WILL BE
AUTOMATICALLY CHARGED TO
YOUR TITAN ACCOUNT ON
MONDAY, OCTOBER 23RD

Halloween Meet Info

Click on the link below for more information



October



27th - 29th

Registration Deadline: Sat. Oct 14th

Admission - \$3 per session 10 & over

Volunteer Opportunities will be available: Monday, October 16th

Please refer to Important Information – Family Participation Policy

In this newsletter for more information

Positions will be limited to 2 per family until Friday, October 20th.

After that time the positions will be open for anyone to fill.

Friday PM

Warm-ups: 5 p.m. / Start: 5:45 p.m.

Saturday AM

Warm-ups: 8 a.m. / Start: 8:45 a.m.

Sunday AM

Warm-ups: 8 a.m. / Start: 8:45 a.m.

Programs will be available digitally for each session after Warm-ups on our

Meet Website

UPCOMING EVENTS

Join Us For Titans Family Bowling



When: Sunday Nov 26th 12:30-2:30 (Bills play in Philly at 4:25)

Where: Transit Lanes

Cost: \$30 -includes 2 games of bowling, shoe rental, pizza, fries, cookies and unlimited pop

\$6- if you don't want to bowl, but would still like pizza and pop

if you just come to watch and don't want to eat, there is no cost



Want To Join Us?

- Fill out the jot form with your information and payment!
- Go to the sign-up genius and pick your lane to bowl with your friends. 8 bowlers per lane. If you're not bowling, please do not add your name.

Titans Family Bowling Form

Questions Call or Text Katie Hufnagel 716-597-4221

UPCOMING EVENTS



TITANS NIGHT

with the
BUFFALO SABRES
Saturday, December 30th
5 p.m. Game

Watch your email the first week of November for a link to purchase tickets **If we have at least 50 people attend the Titans will be invited on the ice after the game for a group photo**



2023-24 Titans Swim Meet Schedule

Log into your Titans Account to Sign your Swimmers up!

NOVEMBER

EAST Aurora/Kiwanis Meet

(SD-Level 6) November 4th

Entry Deadline: October 15th

TWST Turkey Splash

(SD-Level 6)

November 19th

Entry Deadline: November 1st

STAR Fall Classic

(ALL LEVELS)

November 10th - 12th

Entry Deadline: October 22nd

STAR Invite

(Qualified Swimmers Only) November 30th – December 3rd Entry Deadline: November 11th

DECEMBER

TITANS Holiday meet

(ALL LEVELS)

December 27th - 28th

Entry Deadline: December 3rd

JANUARY

Niagara Jr/Sr Power Point Webster, NY

(ALL LEVELS)

January 13th - 15th

Entry Deadline: TBA

Since This is an Out-of-Town Meet
A Special Hotel Rate has been sent up
for Titans Swimmers

Hotel: Hampton Inn Rochester/Webster

Group Name: Titans Swim Team 112

Arrival Date: 01/12/2024

Departure Date: 01/15/2024

Room Rate: \$129/night

(Must Mention Group Name or Enter Unique code TSW)

Booking Deadline for above Rate:

12/13/2023

BOOKING LINK

https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=ROCWBHX&arrivalDate=2024-01-12&departureDate=2024-01-15&groupCode=CHHTSW&room1NumAdults=1&cid=OM%2CWW%2CHILTONLINK%2CEN%2CDirectLink

COACHES CORNER

COACHES WILL BE AT THE DOOR UP TO 5 MINUTES PRIOR TO PRACTICE TO LET YOUR SWIMMERS INSIDE.

IF YOU ARE ARRIVING LATE TO PRACTICE, PLEASE REACH OUT TO THE COACH ONSITE TO LET YOUR SWIMMER IN.

Stroke Development,

Level 1 & 2

Ben Franklin Practices

Coach Grace 716-545-9365

Level 3 & 5

Ken West Practices

Coach Emma 973-896-0125

Level 4 & 6

Ken East Practices

Coach Tim 716-896-6933

If you reach out and don't get a reply
Please call/text Coach Tim or Head Coach Scott 716-208-5372
For most up-to-date Practice Schedule please refer to schedule on our Website

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stroke Development	5:00-5:40 pm @FMS	OFF	5:00-5:40 pm @FMS	OFF	5:00-5:40 pm @FMS	OFF
Level 1	5:45-6:45 pm @FMS	OFF	5:45-6:45 pm @FMS	OFF	5:45-6:45 pm @FMS	OFF
Level 2	6:45-8:00 pm @FMS	OFF	6:45-8:00 pm @FMS	OFF	6:45-8:00 pm @FMS	8:00-9:30 am @AFC
Level 3	5:45-7:15 pm @AFC	OFF	5:45-7:15 pm @KW	OFF	5:45-7:15 pm @KE	8:00-9:30 am @AFC
Level 4	5:45-7:15 pm @KE	OFF	5:45-7:15 pm @KE	OFF	5:45-7:15 pm @KE	8:00-9:30 am @AFC
Level 5	6:30-8:00 pm @AFC	OFF	7:00-8:30 pm @KW	5:45-7:30 pm @KE	7:00-8:30 pm @KE	8:00-9:30 am @AFC
Level 6	7:00-8:45 pm @KE	OFF	7:00-8:45 pm @KE	5:45-7:30 pm @KE	7:00-8:30 pm @KE	8:00-9:30 am @AFC
Level 7 & 8 Dryland	Weightroom 5:00-6:00 pm		Weightroom 5:00-6:00 pm			Weightroom 10:00-11:00 am
Level 7 & 8 Pool	6:00-8:00 pm @ AFC	6:00-8:00 pm @ AFC	6:00-8:00 pm @ AFC	6:00-8:00 pm @ AFC	6:30-8:00 pm @ AFC	11:00-12:30 @AFC