



2024 Niagara Silver Championship

February 23rd - 25th 2024

Sanction # NI-2324-025

Hosted by:
Tonawanda Titans
Swim Club



MEET DIRECTOR Timothy Bennett Tmbennett1@roadrunner.com	MEET REFEREE F. Matuszewski MrRnch@aol.com	CLUB OFFICIALS CHAIR Rachel Cabin jewelersstudio@aol.com AND Ann Pendley annjpendley@gmail.com	ENTRY CHAIR Scott Vanderzell 716-208-5372 927 Stony Point Rd. Grand Island NY 14072 scottvanderzell@gmail.com
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SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Niagara Swimming: NI-2324-025 In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Titans Swim Club, and TOT AFC, shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p style="text-align: center;">Town of Tonawanda Aquatic and Fitness Center (AFC) 1 Pool Plaza Kenmore, NY 14223 716-876-7424</p> <ul style="list-style-type: none"> 8 lanes, 25 yards The water depth at the start end is 13' at 1 meter and 5 meters away from wall, the turn end is 10'3" at 1 meter and 5 meters away from wall. The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
ENTRY DEADLINE	<p><u>Entry forms, fees and waivers must be received no later than 9:00PM, Monday February 12, 2024.</u></p> <p style="text-align: center;">Scott Vanderzell scottvanderzell@gmail.com</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Entry Chair Scott Vanderzell. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p> <p>LATE ENTRY:</p> <ul style="list-style-type: none"> Times achieved between Feb 13th – 19th may be submitted by Feb 19th by 9pm. (Entries must be submitted with proof of time) Any times achieved prior to that date must be submitted by Feb 13th deadline or will not be accepted. Updated entry times for previously entered athletes/events will not be accepted after the entry deadline of February 13th except if the athlete achieves a qualifying time in an event previously designated as a bonus event. Relays may be added if a team has a swimmer who qualifies during this late qualifying period and his or her entrance to the meet creates a legal relay. <u>Do not</u> send entries by registered mail. Clubs that register early are asked to limit all FINAL revisions to team entries by Feb 13th <p style="text-align: center;">***DEADLINES(S) AND RESTRICTIONS WILL BE STRICTLY ENFORCED***</p>

MEET SCHEDULE		Day	Description	Warm-Up	Start
	1	Friday PM	All Ages – Timed Finals	4:30PM	5:15PM
	2	Saturday AM	13-18 Prelims, 11-12 Prelims, 10&U Timed Finals*	7:30AM	8:30AM
	3	Saturday FINALS	Top 16 for 11-12, 13-14, 15-18 Finals	4:30PM	5:30PM
	4	Sunday AM	13-18 Prelims, 11-12 Prelims, 10&U Timed Finals*	7:30AM	8:30AM
	5	Sunday FINALS	Top 16 for 11-12, 13-14, 15-18 Finals	4:30PM	5:30PM
Meet Director reserves the right to adjust times/sessions after entries are received.					
ELIGIBILITY	<ul style="list-style-type: none"> Open to Niagara LSC 18 & Under Athletes No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302. 				
DISABILITY	<ul style="list-style-type: none"> USA Swimming National Disability Committee released motivational time standards to foster and promote the inclusion of nontraditional athletes in their LSC Championships. The motivational times are designed to provide a fair, equitable and structured path for these athletes. Time Standards will be posted on the Niagara Website. The standards are divided up into three “P” groups. The groups are to place athletes with similar disabilities into the same grouping. The groupings are as follows: <ul style="list-style-type: none"> P1- non-ambulatory (wheelchair bound)- limited use of all four extremities. P2- dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body. P3- single limb deficiencies, visual impairment, intellectual impairment, ambulatory without significant assistance <p>If you know of or are a nontraditional athlete who may be classified in one of the “P” groups, please contact Niagara’s Disability Chair- Courtney Christ (disability@niagaraswim.org).</p> <p>Please submit all disability qualifications and any accommodation needed to Niagara’s Disability Chair for Proof of Time. After they are approved the entry and accommodations will be submitted to the host via the Disability Chair.</p>				
TIMING SYSTEM	[Automatic] Colorado Timing System, electronic scoreboard with an 8-lane readout and computer scoring (HYTEK) will be used.				
RULES	<ul style="list-style-type: none"> Current USA Swimming rules shall govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. No on-deck USA-S registration is permitted. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Dive-over (Fly-over) starts will be used. 				

EVENT RULES/ RESTRICTIONS	<ul style="list-style-type: none"> • Swimmers may enter and swim no more than three (3) individual events and one (1) relay event per day, and no more than (6) individual events for the meet. • A total of 3 relay only swimmers are allowed per event, no matter how many relays a team has entered in the meet. Relay only swimmers may only participate in A and B relays and must be included with a team's entry file. • Any swimmer entered in the meet may swim relays regardless of NI champ cut time achieved in events. • Entry times submitted must be actual best times. All times will be proved through the SWIMS Database. Acceptable proof of time can be obtained at a USA Swimming sanctioned meet, an approved meet, or for an observed swim. Seeding will be SCY, LCM, SCM. • Entry times must be equal to or faster than the applicable Niagara Championship Qualifier time standards, and slower than the Niagara Championship time standard for the event. The only exception to this rule is for an event formally designated as a bonus event or "aging up exception" (see #14) • No late or deck entries will be accepted. • Qualifying times must be achieved between September 1, 2022, and February 13, 2024 (see late entry section) • No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. • Age of swimmer on the first day of competition determines eligibility. • No entries will be accepted without a swimmer's current USA number. • Payment of entry fees and original signed waiver for such entries must be submitted by the entry deadline. Swimmers whose entry fees are unpaid will be barred from competition at the meet. • Any club which enters an athlete in a meet, who is not duly registered through that club at the time of entry, will be fined the sum of \$100 per athlete. The fine applies either when the athlete is unregistered or has not properly transferred registration. • Swimmers aging up between Championship meets and have made the NI Championship cut in the lower age but not the new age may participate in the meet in that event at their current age group at the meet. <ul style="list-style-type: none"> • 14 & Under athletes aging up between the NI Championship Qualifier Meet 2/23/24 and NI 14 & Under Championships 3/15/2024. • 15 & Over athletes aging up between the NI Championship Qualifier Meet 2/24/23 and the NI Open Championships 3/08/2024. • It is the Coach/ Entry Person's responsibility to check the accuracy of their club's entries. Entries that do not meet the applicable time standards, bonus criteria or exceed the entry limit WILL BE DELETED WITHOUT NOTIFICATION! • The following events will use the corresponding 13-14 Time standard: 11-12 200 Back, 11-12 200 Breast, 11-12 200 Fly, 11-12 400 IM.
BONUS EVENTS	<ul style="list-style-type: none"> • Entry times must be equal to or faster than the applicable Niagara Championship Qualifier time standards, and slower than the Niagara Championship time standard for the event. The only exception to this rule is for an event formally designated as a bonus event or "aging up exception" (see #14) <ul style="list-style-type: none"> • Swimmers making one (1) qualifying time will be permitted to enter three (3) bonus events. • Swimmers making two (2) qualifying times will be permitted to enter two (2) bonus events. • Swimmers making two (3) qualifying times will be permitted to enter one (1) bonus event. • Swimmers making four (4) or more qualifying times will not be permitted to enter bonus events. • Events of 400 yards and greater are not eligible for selection as bonus events. • Bonus events will be subject to over swim fines if not properly designated as bonus events. Directions on how to properly designate bonus events appear below. Please submit an Entry Report (sorted by Athlete last name) for verification of bonus events. Check to make sure you do not have the: Show Only "Faster than" Time STD/Qualifying Times Check box selected in the System Defaults Window! (Get there by: Set-up-Preferences-System Preferences). If selected, you will not be excluding "Niagara Championship" TIMES when you do your entries. <p>*Bonus events may be limited depending on meet size after entries are received. Which will be determined by Meet Director, Meet Referee, and Tech Planning.</p>

POSITIVE CHECK IN	<p>All events will be pre-seeded, with the following exceptions: Positive check-in will be required for the 500, 1000, 1650 Freestyle, 400 IM.</p> <p>Failure to swim after positive check-in will result in disqualification from that event.</p>						
SCRATCHES	<p>Niagara Swimming's Scratch Rule is in effect for this meet (referenced below). Scratches MUST BE MADE BY THE COACH; swimmers may not scratch themselves from an event.</p> <p>Niagara Swimming's SCRATCH RULE:</p> <p>Any swimmer qualifying for a Consolation or Championship Final heat in an individual event who fails to compete in that Consolation or Championship race shall be disqualified from further competition for the remainder of the meet (except as noted below).</p> <p>Exceptions for failure to compete - no penalty shall apply if:</p> <ul style="list-style-type: none"> • The Referee is notified in the event of illness or injury and accepts proof of the same. • The swimmer qualifying for a Consolation or Championship Final heat formally scratches from the finals within thirty (30) minutes after announcement of the qualifiers for finals. • It is determined by the Referee that failure to compete is caused by a circumstance beyond the control of the swimmer. <p>Penalty for Violations:</p> <p>In addition to being barred from competition for the balance of the meet, a swimmer who fails to properly scratch from an event falling on the swimmer's last day of the meet shall also pay a fine of \$25.00 for each missed finals event.</p>						
WARM-UP	<p>The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</p>						
SUPERVISION	<p>Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</p>						
SEEDING	<ul style="list-style-type: none"> • Seeding will be SCY, LCM, SCM. • The meet is pre-seeded. It is the swimmer's responsibility to be at the blocks when their event and heat is called. • Positive check-in events may be seeded & swum together. • The 500, 1000 & 1650 will be swum FASTEST to SLOWEST, alternating Female and Male. • The Meet Director reserves the right to combine 200 yard and longer events to keep the meet manageable. • The top 16 from prelims for 11-12, 13-14 and 15-18 in all non-timed final events, will swim at Finals. Alternates will be utilized from 17th & 18th places. Qualifying for NI Championships in prelims does not eliminate a swimmer from finals. • Finals Heats may be combined. • Final heats will be paraded out with music time permitting. 						
SCORING	<p>"Conventional" scoring for individual and relay events. Top 16 finishers will score points per the outline below.</p> <p>Scoring and Awards for individual events will be awarded for each gender and multi age division (10&U, 11-12, 13-14, 15-18) for each event.</p> <table data-bbox="272 1717 1560 1856"> <tr> <td style="padding-right: 20px;">Scoring:</td> <td style="padding-right: 40px;">Individual Events</td> <td>A Final 20-17-16-15-14-13-12-11 B Final 9-7-6-5-4-3-2-1</td> </tr> <tr> <td></td> <td>Relay Events</td> <td>40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2</td> </tr> </table>	Scoring:	Individual Events	A Final 20-17-16-15-14-13-12-11 B Final 9-7-6-5-4-3-2-1		Relay Events	40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
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	Relay Events	40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2					

AWARDS	<ul style="list-style-type: none"> • Individual Events: Medals for 1-3, Ribbons 4-16 • Relay Events: Medals for 1, Ribbons 2-8 • Age Group High Point: 10 & U, 11-12, 13-14, 15-18 Male/Female based on individual points scored during competition. • Large Team High Point: Top 3 overall teams with the highest score • Small Team High Point: Top team with the highest score
HEAT SHEETS & ADMISSION	<ul style="list-style-type: none"> • There is no charge for admission. • Programs will be on sale at the meet for \$6 per each preliminary session and Friday PM session. • Final session programs (sessions 3 and 5) will be posted online only on titanswimming.com under the TTSC Hosted Meets tab.
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. • Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
CONCESSIONS	TTSC will facilitate concessions stand available at all sessions.
OFFICIALS	<ul style="list-style-type: none"> • Officials interested in volunteering should contact Titans Official Chairs. • Officials volunteering for this meet should sign in the officials' room at the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive official briefing will precede each session during warm-ups.
TIMERS	<p>Participating clubs will be asked to supply timers for sessions 1, 2, & 4 excluding the events below.</p> <p>The Host Club will provide timers for Saturday Finals and Sunday Finals, sessions 3 & 5. Swimmers in the 1000 and 1650 Freestyle Events must provide their own Timers.</p>
ENTRY PROCEDURES	<p>Entries should be submitted by email to the Entry Chair:</p> <ul style="list-style-type: none"> • Include in the subject of the email, 2023 NICQ - TTSC. • If your club submits multiple entry files include training site in the subject of the email. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Meet Director/Entries person will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Entries person. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	<p>Per Swimmer Surcharge: \$10.00 Individual event fee: \$9.00 Relay event fee: \$15.00</p> <p>Make checks payable to Town of Tonawanda Titans- Club Checks only please. Checks may be mailed to Entries Coordinator Scott Vanderzell.</p> <ul style="list-style-type: none"> • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. • Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.

2023 Niagara Championship Qualifier (Silver)

Order of Events

Session 1 Friday PM

Friday PM events are Timed Finals

Female		Event	Male
1	11-12	200 IM	2
3	10 & U	200 IM	4
5	11-18	400 IM	6
7	10 & U	200 Freestyle	8
9	11-12	200 Backstroke	10
11	13-18	500 Freestyle	12
13	12 & U	500 Freestyle	14

Positive Check-in Required by 4:15pm for the 400IM and 500 Free

Session 2 Saturday AM Prelims

Preliminary Session for 11-18 Events unless timed finals. Timed finals for 10 and Under events and relays

Female		Event	Male
15	13-14	200 Freestyle	16
17	15-18	200 Freestyle	18
101	11-12	200 Breaststroke (Timed Finals)	102
103	10 & U	100 Backstroke (Timed Finals)	104
105	11-12	100 Backstroke	106
19	13-14	200 Backstroke	20
21	15-18	200 Backstroke	22
107	10 & U	50 Breaststroke (Timed Finals)	108
109	11-12	50 Breaststroke	110
23	13-14	100 Breaststroke	24
25	15-18	100 Breaststroke	26
115	10 & U	100 Butterfly (Timed Finals)	116
117	11-12	100 Butterfly	118
27	13-14	200 Butterfly	28
29	15-18	200 Butterfly	30
111	10 & U	50 Freestyle (Timed Finals)	112
113	11-12	50 Freestyle	114
31	13-14	50 Freestyle	32
33	15-18	50 Freestyle	34
119	10 & U	100 IM (Timed Finals)	120

Session 2 Saturday AM Prelims cont.

121	11-12	100 IM	122
35	13-14	100 IM	36
37	15-18	100 IM	38
123	12 & U	200 Freestyle Relay (Timed Finals)	124
39	13-18	200 Freestyle Relay (Timed Final)	40
41	13-18	1650 Freestyle (Timed Final)	
	13-18	1000 Freestyle (Timed Final)	42

Positive Check-in Required by 8:00am for the 1650/1000 Free

The top 16 from morning prelims for 11-12, 13-14, and 15-18 will swim at finals except for the 11-12 200 Breaststroke, 1650/1000 Free, and all relays.

Session 3 Saturday Finals

Female		Event	Male
15	13-14	200 Freestyle	16
17	15-18	200 Freestyle	18
105	11-12	100 Backstroke	106
19	13-14	200 Backstroke	20
21	15-18	200 Backstroke	22
109	11-12	50 Breaststroke	110
23	13-14	100 Breaststroke	24
25	15-18	100 Breaststroke	26
117	11-12	100 Butterfly	118
27	13-14	200 Butterfly	28
29	15-18	200 Butterfly	30
113	11-12	50 Freestyle	114
31	13-14	50 Freestyle	32
33	15-18	50 Freestyle	34
121	11-12	100 IM	122
35	13-14	100 IM	36
37	15-18	100 IM	38

**There will be up to 2 heats (top 16) for 11-12, 13-14, and 15-18 age groups.
The first in a consolation heat, the second is a championship heat.
Alternates may only be called for the consolation heat.**

Session 4 Sunday AM Prelims

Preliminary Session for 13-18 Events

Female		Event	Male
131	10 & U	50 Backstroke (Timed Finals)	132
125	11-12	50 Backstroke	126
43	13-14	200 Breaststroke	44
45	15-18	200 Breaststroke	46
127	10 & U	100 Breaststroke (Timed Finals)	128
129	11-12	100 Breaststroke	130
47	13-14	100 Backstroke	48
49	15-18	100 Backstroke	50
141	10 & U	100 Freestyle (Timed Finals)	142
135	11-12	200 Freestyle	136
51	13-14	100 Freestyle	52
53	15-18	100 Freestyle	54
137	10 & U	50 Butterfly (Timed Finals)	138
139	11-12	50 Butterfly	140
55	13-14	200 IM	56
57	15-18	200 IM	58
143	11-12	100 Freestyle	144
59	13-14	100 Butterfly	60
61	15-18	100 Butterfly	62
133	11-12	200 Butterfly (Timed Finals)	134
145	12 & U	200 Medley Relay (Timed Finals)	146
63	13-18	200 Medley Relay (Timed Finals)	64
65	13-18	1000 Freestyle (Timed Final)	
	13-18	1650 Freestyle (Timed Final)	66

Positive Check-in Required by 8:00am for the
1650/1000 Free.

The top 16 from morning prelims for 11-12, 13-14, and 15-18 will swim at finals with the exception of the 11-12 200 Butterfly and all relays.

Session 5 Sunday Finals

Female		Event	Male
125	11-12	50 Backstroke	126
43	13-14	200 Breaststroke	44
45	15-18	200 Breaststroke	46
129	11-12	100 Breaststroke	130
47	13-14	100 Backstroke	48
49	15-18	100 Backstroke	50
135	11-12	200 Freestyle	136

Session 5 Sunday Finals cont.

51	13-14	100 Freestyle	52
53	15-18	100 Freestyle	54
139	11-12	50 Butterfly	140
55	13-14	200 IM	56
57	15-18	200 IM	58
143	11-12	100 Freestyle	144
59	13-14	100 Butterfly	60
61	15-18	100 Butterfly	62

There will be up to 2 heats (top 16) for 11-12, 13-14, and 15-18 age groups. The first in a consolation heat, the second is a championship heat. Alternates may only be called for the consolation heat.

2024 Niagara Championship Qualifier

Liability Waiver & Financial Summary Form
Held under the sanction of USA Swimming Sanction NI-2324-025

Club Name: _____ Club Code: _____

Coach Name: _____ Phone: _____

Email: _____

Entry Submitter: _____ Phone: _____

Email: _____

Number of Swimmers: _____ x \$10.00 _____

Individual Entries: _____ x \$9.00 _____

Relays: _____ x \$15.00 _____

Total due: _____

Make Checks Payable to: Tonawanda Titans Swim Club - Club checks only please!

THIS FORM MUST BE SUBMITTED AND PAYMENT, TO BE CONSIDERED A COMPLETE ENTRY. MAIL, POSTAL EXPRESS OR FED EXPRESS TO:

Scott Vanderzell
927 Stony Point
Grand Island, NY 14072 (716) 208-5372
Email to: scottvanderzell@gmail.com

DO NOT send entries by REGISTERED MAIL and/or SIGNATURE FOR DELIVERY.

Enclosed is payment of the entry fees and deck fees for all events we have entered. In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators, and assignees, waive and release, any and all claims against the Town of Tonawanda Titans Swim Club OR ANY MEET MANAGEMENT PERSONEL, U.S.A. Swimming, Niagara Swimming, and the Town of Tonawanda recreation department for injuries and/or expenses incurred by us at this meet or while on the road to and from the meet. We are bona-fide amateur athletes eligible to participate in all events entered.

Further the undersigned team representative certifies by his/her signature that all athletics participating for or entered by the team in this sanctioned swim meet are currently member athletes of U.S.A. Swimming. The undersigned further certifies that any person appearing on deck in the capacity of coach representing this club is currently a coach member of U.S.A. Swimming.

(Name of Club Official, parent or guardian)

(Signature)

(Date)

No entry is complete without this form completed and signed and the check is received.

Niagara Swimming, Inc.
Warm-up Procedures for all Sanctioned Meets in 8 Lane Pools

I. Pre-Meet warm-up period

- A. Control/Supervise - Key words for safe warm-ups.
- B. Marshals should be actively supervising the warm-ups to ensure that proper procedures are followed.

II. General warm-up period

- A. The first 30-45 minutes are for general warm-ups in all lanes.
- B. There shall be **NO DIVING** off the blocks or the edge of the pool at this time.
- C. Outside Lanes - Kicking only.
- D. Inside Lanes - Swimming and pulling only; no paddles.
- E. No sprinting or pace work.

III. Specific warm-up period

- A. Last 30-45 minutes of pre-meet warm-up period.
- B. In an eight-lane pool, each lane shall be scheduled as follows:
 - Lanes 1 & 8 push off one or two lengths & back, beginning at the starting end of the pool. Circle Swimming only.
 - Lanes 2 & 7 racing start only. Swim one length only. All swimmers begin at the starting end of the Pool.
 - Lanes 3,4,5, & 6 general warm-up only (as above) **NO DIVING**.

Important Points for Specific Warm - Up Period

1. No diving in lanes other than those designated for racing dives. The blocks should be marked to remind Swimmers that they should not dive.
2. Start all swimmers in all lanes at the starting end of the pool.
3. Coaches should stand at the starting end of the pool when verbally starting swimmers on sprint or pace work.
4. Swimmers should be reminded by coaches that breaststrokes need more lead-time than freestylers or butterfly.
5. Backstrokes should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroke has executed his/her start.
6. The announcer should announce lane changes and/or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.
7. Coaches should maintain as much contact with their swimmers as possible - verbal and visual throughout the warm-up period.
8. The Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
9. Marshals have the authority through the Meet Director over the warm-up. A swimmer and/or coach may be removed from the deck for interfering with the marshals.
10. When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up time for all.
11. The meet Referee shall have responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.
12. The meet Safety Committee shall have responsibility for safety rules in all other areas during competition and shall assist the meet Referee in the competition pool if necessary.
13. The meet Safety Committee shall have any person deliberately violating safety rules removed from the meet facility.
14. There shall be at least one Marshal at each end of the pool to ensure the warm-up procedures will be followed.
15. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
16. Discretion and common sense must be used when establishing procedures.

The above procedures may be modified by the Meet Referee according to the needs of the meet.